

“If you were to pause for a moment and look at your life from a slightly different perspective, you would see you’ve always been changing.”

— Steve Andreas, [NLP: The New Technology of Achievement](#)

To everyone reading this newsletter, we’re rooting for you to align your personal and professional growth, and make your mark!

While you gear up to kickstart your journey we’re sharing a Story of Rekindled Passion, Growth, and Hope with you.



“ I walked into the cold room and was greeted with a lot of warm smiles and energy, yet I was busy thinking about what NLP will do for me and what will I take home in these 15 days”. During the introductions, I remember my heart was throbbing at the thought of finally sitting in this room after a long quest of 3 years. Yes, it took me 3 years to bring my dream into reality.

During the training, I fully allowed myself to embrace the change that was happening in my subconscious mind and let it flow naturally. It felt as if a new person is sprouting and blooming inside me somewhere.

Every night I would sit with my thoughts, let them come up, and allow the transformation to bloom. Some days were heavy but I knew I was safe and I have to go through this process to align myself.

On the 12th day of my training, I walked up to Aliyah in the morning and told her I have been able to find out that I have been dwelling in mediocrity right, left, and center for the last 20 years of my life. I had lost that Shine and Light of mine which was the essence of what Ayesha is in reality.

That day I was able to shed the leaves of Depression, Low Energy, Negative Self Talk and Limiting Beliefs. NLP enabled me to access my resources within me, and my Shine came back. Since that day I feel I thrive above the line and it has changed the way I am in my personal relations, business, and life overall.



This is the magic of Aliyah as my trainer and NLP, it has truly transformed my Life. I would urge you all to go through this life-changing journey and see the magic for yourself.

Excerpt shared by our Participant, Ayesha Afridi.

A new life awaits you! Let NLP transition you into a more resourceful state.